Grove House Nursery School and Children's Centre



Menus for Autumn / Winter 2024-25

Week 2

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------|--|--|--|---|--|
| Breakfast | Cereal Toast | Cereal Toast | Cereal Toast | Cereal Toast | Cereal Toast |
| Snack am/pm | Fruit and veg selection Crackers | Fruit and veg selection Crackers | Fruit and veg selection Crackers | Fruit and veg selection Crackers | Fruit and veg selection Crackers |
| Lunch | Vegetable lasagne served with garlic bread | Roast chicken or plant based chicken pieces served with roast potatoes, carrots, sprouts and gravy | Mutter paneer served with rice and cucumber raita | Lamb or plant based mince cobbler served with peas and sweetcorn | Homemade pizza served with salad |
| | Natural yoghurt with warm fruit | Rice pudding | Carrot cake | Autumn muffins | Jamaican pineapple cake |
| Теа | Homemade carrot and coriander soup served with wholemeal bread | Toasted crumpets with soft cheese or fruit compote | Jacket potatoes with chicken mayonnaise or baked beans | Brown bread sandwiches with an assortment of fillings | Courgette muffins with fresh tomato sauce, topped with melted cheese. |
| | Freshly made scones with a fruity topping | Baked apples | Banana and raisin flapjacks | Homemade shortbread | Greek yoghurt served with warm winterberry compote |

A choice of milk and water are served with all meals.

A selection of cooked, mashed or pureed fruit will be available for younger babies when the pudding on the menu is not suitable.