Grove House Nursery School and Children's Centre

Menus for Autumn / Winter 2024-25

Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Toast	Cereal Toast	Cereal Toast	Cereal Toast	Cereal Toast
Snack am/pm	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers
Lunch	Chicken or vegetarian casserole served with mashed potatoes	Aloo gobi served with raita and home-made naan bread	Pasta with spicy tomato and vegetable sauce, served with cheese	Lamb or vegetarian meatballs, served with vegetable rice	Fish or veggie fingers served with potato wedges, peas and homemade tomato sauce
	Strawberry scones	Gingerbread biscuits with cooked apple	Peach cobbler	Apple crumble served with yoghurt	Fresh blueberry muffins
Теа	Mini muffin pizzas	Vegetable and lentil soup with brown bread	Hummus dip served with homemade pitta bread and vegetable sticks	Jacket potato served with baked beans and cheese	Caribbean pumpkin soup with crusty bread
	Rice pudding	Fruit muffins	Freshly made fruit smoothie	Homemade cookies	Yoghurt with fresh fruit

A choice of milk and water are served with all meals.

A selection of cooked, mashed or pureed fruit will be available for younger babies when the pudding on the menu is not suitable.